

## **Unit 3 Personal Care of Resident**

### **Lesson 2 – Bathing**

#### **Goals**

- Understand vocabulary used to identify parts of the body associated with bathing
- Become aware of equipment that may be used for bathing
- Become aware of cultural differences regarding personal hygiene
- Understand the levels of dependence for ADL's (activities of daily living)
- Read information in a table

#### **Activities**

##### **1. Review**

Use one or more of the following activities (see instructor notes for complete instructions) to review previous lesson's vocabulary and/or verb list.

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| 1. Word Bingo (listening)         | 2. Oral cloze exercise          |
| 3. Word Bingo (definitions)       | 4. I can/ I can't Verb Practice |
| 5. Blackboard Bingo (definitions) | 6. Verb tense practice          |

##### **2. Introduction to CNA topic – Bathing**

This lesson introduces vocabulary associated with bathing as well as some idea of equipment that can be used to assist nurse aides when performing that duty. In addition, general information regarding activities of daily living will give students to practice reading a table.

##### **3. Vocabulary and verb lists**

Discuss vocabulary and verbs for the lesson

- **Unit 3 Lesson 2 Vocabulary**
- **Unit 3 Lesson 2 Verb**
- **Unit 3 Lesson 2 My Vocabulary list**

##### **4. Assist Equipment for Bathing**

Students should be aware that this handout shows a few examples of the types of equipment they may learn to use during the certification course or when they begin to work. Equipment used varies from one facility to another so this activity is a way to familiarize them with the terminology associated with assistive and adaptive equipment used in nursing homes. Read the descriptions and answer the questions about the information.

- **Unit 3 Lesson 2 Assist Equipment for Personal Care**
- **Unit 3 Lesson 2 Assist Equipment for Personal Care Answer Key**

## 5. Assistance with ADL's

Read the passage about characteristics of nursing home residents and their level of dependence for activities of daily living. Introduce the table and show how information is found in a table (horizontally and vertically). Questions test the student's ability to find information in the table. Expand the activity by verbally discussing and asking students to locate information. Tables are often found in the workplace.

- **Unit 3 Lesson 2 Assistance with ADL's**
- **Unit 3 Lesson 2 Assistance with ADL's Answer Key**

## 6. Using verbs in the past tense

Instruct students how to correctly use "to be" verbs in past tense. Explain that most verbs are changed to simple past tense by adding -ed. Use handout to learn rules for pronunciation of -ed ending.

- **Unit 3 Lesson 2 Using Verbs in the Past Tense**

Go through verbs lists from previous lessons and practice changing regular verbs to past tense. Discuss and practice the correct pronunciation based on the different verb ending.